WELL COLLEGE GLOBAL®

WEDNESDAYS 3pm (AUSTRALIAN EASTERN TIME)
NOTE DAYLIGHTSAVINGS CHANGES

HIGH PERFROMANCE LEADERSHIP THROUGH COACHING

ELEMENT & COMPETENCIES	CLASS #	WK	CLASS DESCRIPTION	SESSION DATE	DURATION (Hrs)
O Week	0	0	ORIENTATION: Meet the team and one another. Orientation to the programme	20 Jan 2027	1.5
Element 1: The Coaching Partnership and Understanding Coaching Ethics.	1.1	1	TUTORIAL 1: ICF Coaching, BARS, Competencies and Video Review of Coaching in Action	27 Jan 2027	3
	1.2	2	ICF ETHICS AND VERBAL COACHING AGREEMENT: ICF Ethical Standards and their application in sessions	3 Feb 2027	2
	1.3	3	COACHING PRACTICUM 1: Practical Application of the Coaching Agreement	10 Feb 2027	3
	1.4	4	MENTORING SESSION 1: Developing your Questioning Skills and Personal Awareness	17 Feb 2027	2.5
Element 2: Advancing the conversation and flow. ICF Competencies 6 & 7	2.1	5	TUTORIAL 2: Communicating Effectively for Client Awareness and Growth	24 Feb 2027	3
	2.2	6	COACHING PRACTICUM 2: Small Group Coaching and Reflections	3 Mar 2027	3
	2.3	7	MENTORING SESSION 2: Harnessing Your Personal and Professional Tools	10 Mar 2027	2.5
COACHING BREAK					
Element 3: Coaching relationship. Review of ICF Competencies 7 & 8	3.1	9	TUTORIAL 3: Facilitating Learning and Evoking Awareness	17 Mar 2027	3
	3.2	10	COACHING PRACTICUM 3: Inviting coachees to Bring Sessions to a Close	24 Mar 2027	3
	3.3	11	MENTORING SESSION 3: Observation of Session Dealing with Challenging Situations and Conversations	31 Mar 2027	2
Element 4: Change & Creating Shifts. ICF Competencies 4 & 5	4.1	12	TUTORIAL 4: Co-Creating the Relationship - Developing Trust and Growing Coaching Presence	7 Apr 2027	3
	4.2	13	CASE STUDY EXPLORATION: Observing a Session - Structure, Coaching Agreement and Questioning Style	14 Apr 2027	2
	4.3	14	DYNAMIC DROP-IN: Session 1 - Group-Led Session to Explore Areas of Interest and Curiosity	21 Apr 2027	2
	4.4	15	MENTORING SESSION 4: Coaching Ethics in Practice	28 Apr 2027	2.5
	5.4	16	FINAL 1:1 PERSONAL MENTORING SESSION	14 Jul 2027 21 Jul 2027	1
				TOTAL HOURS	**39**

CERTIFIED COACHING PROFESSIONAL: ICF ACCREDITED LEVEL 1

ELEMENT & COMPETENCIES	CLASS #	WK	CLASS DESCRIPTION	SESSION DATE	DURATION (Hrs)
Element 5: Coaching Realationship and ICF Credentialing	5.1	17	TUTORIAL 5: Application of Coaching Agreements and Informed Consent.	12 May 2027	3
		18	Coaching Practical Application Week	19 May 2027	
		19	RECORDED SUBMISSION AND FEEDBACK 1	26 May 2027	1
	5.2	20	DYNAMIC DROP-IN: Session 2 - Group-Led Session to Explore Areas of Interest and Curiosity	2 Jun 2027	2
		21	Coaching Practical Application Week	9 Jun 2027	
		22	RECORDED SUBMISSION AND FEEDBACK 2	16 Jun 2027	1
	5.3	23	COACHING PRACTICUM 4: ICF Exam and Successful ICF Submissions	23 Jun 2027	3
		24	Coaching Practical Application Week	30 Jun 2027	
		25	RECORDED SUBMISSION AND FEEDBACK 3	7 Jul 2027	1
				TOTAL HOURS	**50**