



THE BIO OPTIMISED LIFE® PROGRAM

The qualification has been approved by the International Institute of Complementary Therapists, and the International Practitioners of Holistic Medicine

Certified Bio Optimise® Practitioner

(PostNoms: *BioOptPract*)

QUALIFICATION STRUCTURE AND REQUIREMENTS

1. Credits and Total Qualification Time (TQT)

The Bio Optimised Life® program contains 13 modules of study. Module DNHC504 is a unit of study from the Level 5 Diploma's offered by Well College Global. The remaining units of study are equivalent to Level 6 study.

2. Qualification Structure

To achieve this qualification, all modules must be successfully completed, unless otherwise noted through recognition of prior learning.

3. Equivalency

Completion of this program opens pathways to employment and articulation to diplomas in nutrition, health and coaching as well as possible credits for subjects in Bachelor's degrees.

4. Recognition of Prior Studies

Prior studies in health, exercise or coaching may attract subject exemptions, including those who have graduated from Well College Global. Exempt students will still be required to complete topic quizzes, but will not be required to complete assessment tasks. Contact the office.

Unit Code	Mandatory Units	Relative Level
BOL601	The Bio Optimised Life® Program	-
BOL602	The Bio Optimised Life® Program Learning Plan	-
BOL603	The Bio Optimised Life® Program - The Professional Relationship	6
BOL604	The Bio Optimised Life® Program - In Practice	6
BOL605	The Bio Optimised Life® Program - Evidenced-Based Practice	6
BOL606	The Bio Optimised Life® Program - Understanding the Human Body	6
BOL607	The Bio Optimised Life® Program - Low Toxicity Living	6
BOL608	The Bio Optimised Life® Program - Nutrition	6
BOL609	The Bio Optimised Life® Program - Nourishment	6
BOL610	The Bio Optimised Life® Program - Movement	6
BOL611	The Bio Optimised Life® Program - Strategies and Modalities	6
BOL612	The Bio Optimised Life® Program - Business	-
DNHC504	Mental Health and Trauma Awareness	5



Accredited