

CERTIFIED COACHING PROFESSIONAL PROGRAM

10 hr

Includes:

- Foundations of Coaching
- Coach Training for Professional Accreditation
- Mental Health & Trauma Awareness



Optional:

ACC Performance Evaluation



Additional Qualification Stream Options

ICF ACC Credential

ICF requires the successful completion of:

- 100h coaching log
- ICF Credentialing Exam





Add On HEALTH & WELLNESS COACH

- Certificate of Human Nutrition
- Choice of 2x electives
- Disease & Wellbeing Guidelines





Add On WOMEN'S HEALTH COACH

- Women's Health & Hormones
- The Gut & Microbiome
- Choice of 1x elective
- Disease & Wellbeing Guidelines

